

200. Title: In Vitro Investigation of the Biological Effects Associated With Human Dermal Fibroblasts Exposed to 2.52 THz Radiation

Author: Wilmink, GJ; Rivest, BD; Roth, CC; Ibey, BL; Payne, JA; Cundin, LX; Grundt, JE; Peralta, X; Mixon, DG; Roach, WP

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Abstract: Background: Terahertz (THz) radiation sources are increasingly being used in military, defense, and medical applications. However, the biological effects associated with this type of radiation are not well characterized. In this study, we evaluated the cellular and molecular response of human dermal fibroblasts exposed to THz radiation.

Methods: In vitro exposures were performed in a temperature-controlled chamber using a molecular gas THz laser (2.52 THz, 84.8 mW cm⁻²), durations: 5, 10, 20, 40, or 80 minutes). Both computational and empirical dosimetric techniques were conducted using finite-difference time-domain (FDTD) modeling approaches, infrared cameras, and thermocouples. Cellular viability was assessed using conventional MTT assays. In addition, the transcriptional activation of protein and DNA sensing genes were evaluated using qPCR. Comparable analyses were also conducted for hyperthermic and genotoxic positive controls.

Results: We found that cellular temperatures increased by 3 degrees C during all THz exposures. We also found that for each exposure duration tested, the THz and hyperthermic exposure groups exhibited equivalent levels of cell survival ($\geq 90\%$) and heat shock protein expression (similar to 3.5-fold increases). In addition, the expression of DNA sensing and repair genes was unchanged in both groups; however, appreciable increases were observed in the genotoxic controls.

Conclusions: Human dermal fibroblasts exhibit comparable cellular and molecular effects when exposed to THz radiation and hyperthermic stress. These findings suggest that radiation at 2.52 THz generates primarily thermal effects in mammalian cells. Therefore, we conclude that THz-induced bioeffects may be accurately predicted with conventional thermal damage models. *Lasers Surg. Med.* 43:152-163.